

READ ALL INSTRUCTIONS PRIOR TO SAMPLE COLLECTION

Following these instructions will avoid delays in testing.



MYRIAD
myRisk[™]
Hereditary Cancer

Saliva Collection Instructions

SIDE 1

DO NOT EAT, DRINK (including water), SMOKE, OR CHEW GUM FOR 30 MINUTES PRIOR TO SAMPLE COLLECTION

- 1.** Spit into funnel until the amount of liquid saliva (not bubbles) reaches the fill line.

Do NOT remove the plastic film covering the liquid in the top of the funnel lid.

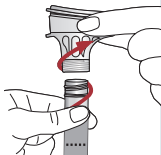


- 2.** Hold the tube upright with one hand. Close the funnel lid with the other hand (as shown) by firmly pushing the lid until you **hear a loud click**.

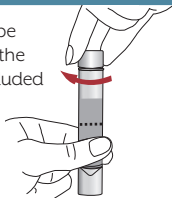
The liquid in the lid will be released into the tube to mix with the saliva. Make sure that the lid is closed tightly.



- 3.** Hold the tube upright. Unscrew the funnel from the tube and discard it.



- 4.** Close the tube tightly using the small cap included in the kit.



- 5.** Shake the capped tube for **5 seconds**. Proceed to **step 6** on next page.



WARNINGS AND PRECAUTIONS

Wash with water if stabilizing liquid comes in contact with eyes or skin. Do not ingest. See MSDS at www.dnagenetek.com.

Most people take between 2 and 5 minutes to deliver a saliva sample following steps 1 to 5.



Test start will be delayed if the **TEST REQUEST FORM** **A** is incomplete or the sample is improperly labeled.

- 6.** Complete the Test Request Form (TRF) and bar code label with patient name and/or ID, and date of birth. Peel label off the TRF and place lengthwise (as shown) on the collection tube. **MAKE SURE THE SAMPLE IS AT ROOM TEMPERATURE.***



Unlabeled tubes will
be cancelled

- 7.** Place labeled collection tube into the Oragene® box and then into the Myriad myRisk™ test kit for shipping. **Proceed to Mailing Instructions.** **E**



Patients who have received an allogeneic bone marrow transplant or have had a hematologic malignancy may not be suitable for the Myriad myRisk Buccal Saliva test. In such cases, please contact Myriad Medical Services at 800-469-7423 ext. 3850 to discuss appropriate sample types.

If you have any questions about your sample submission, please call the Myriad Customer Service Department at 800-4-MYRIAD (800-469-7423).

*Note: Immediately following saliva collection ship the sample via FedEx. Samples can be held at room temperature for up to 7 days prior to receipt at Myriad.